Crosbey Calendar of Events January 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|---|---|---|
| | | | 1 | 2 | 3 | 4 |
| | | | 9:45 NO Stretch & Tone YMCA, Aud 1:30 Lucky Dice with Ava, VC 2:00 Creative Time, AR (Painting, Drawing and Coloring) AR 2:30 Balance Strength Exercise class Aud (30- minute Class) 3:45 Social Hour with Ava, Celebrate the New Yearl VC Happy New Yearl | 9:30 Stretch & Tone, YMCA Aud 11:00 Poetry Share, AR 11:00 Meditation with Kathleen, 2nd Floor Association Office 11:00 Blood Pressure Clinic, VC 12:30 Open Scrabble, VC 1:00 Trip to TJ Max, Norwood, CL 1:00 Chair Yoga, Kathleen, Aud 6:30 Open Scrabble, VC | 9:00 Stop & Shop, CL 10:00 "New" YMCA, Strength Class with Michelle, Aud 1:30 Lucky Dice, VC 2:00 Creative Time, (Painting, Drawing and Coloring) AR 2:30 Piano Concert- The Honky Tonk Piano Man- <u>Gary Landgren Pianist, AUD</u> 3:45 Social Hour with Ava, Signature Cocktail, | 9-10:00 Big Y & Dollar Tree, CL 10:00 Stretch & Tone with Ava, Aud <u>11:00 Art Opening, AR</u> 1:00 Bingo with Ava, VC 2:00 Afternoon Cookie Social with Ava, VC 2:30 Concert- Pianist & Vocalist Brian Patton, <u>AUD</u> 3:45 Social Hour, Ava, VC 6:45 Saturday Night Movie, VC |
| 5 | | | | | | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 10:00 Catholic Mass, <i>Aud</i> 11:30 Open Billiards: Resident Run, <i>BR</i> 12:30 Open Scrabble & Games, Resident Run, VC 1:00 Open Rummikub, AR 3:45 Wine Social with Elaine, VC | 10:00 Needle Neighbors, VC 11:00 Chair Yoga, Aud 12-1 Curiosity Shop 1:00 Mah Jong, AR 1:00 Cribbage, AR 3:00 Creative Time, Painting, Drawing and Coloring) AR 6:30 Open Scrabble, VC | 9:30 Device Advice with Ava, sign-up 10:00 YMCA, Stretch & Tone, Aud 11:00 Ukulele, Association Office 2 nd Floor 11:00 Team Trivia with Ava & Carolyn, VC 1:30 Bingo with Ava, VC 2:30 Tai Chi with Mynor Diaz, AUD 3:00 Movie, VC 6:30 Open Scrabble, VC 6:30 Spanish Conversation Group, 3 B Laundry Lounge | 9:45 No Stretch & Tone YMCA, Aud 10:30 Association Meeting, AUD 1:00 Presentation- <u>What is Streaming & Why</u> Should I Care? Presented by resident Mike S, AUD 1:30 Lucky Dice with Ava, VC 2:00 Creative Time, AR (Painting, Drawing and Coloring) AR 2:30 Balance Strength Exercise class Aud (30- minute Class) 3:45 Social Hour with Ava, VC | 8:00 Trip to Mohegan Sun Casino, CL, please sign- up. organized by resident Dan Q. The Bus will leave the Casino at 2 P.M. 9:30 Stretch & Tone, YMCA Aud 11:00 Meditation with Kathleen, 2 rd Floor Association Office 11:00 Blood Pressure Clinic, VC 12:30 Open Scrabble, VC 12:30 Chair Yoga, Kathleen, Aud 2:00 Mass Audubon presents Living with Wildlife, <u>AUD</u> 6:30 Open Scrabble, VC | 9:00 Stop & Shop, CL 10:00 YMCA, Strength Class with Michelle, Aud 11:00 BSO, CL, please sign-up 1:30 Lucky Dice with AVA, VC 2:00 Creative Time, (Painting, Drawing and Coloring) AR 3:45 Social Hour with Ava, Signature Cocktail, VC | 9-10:00 Big Y & Dollar Tree, CL 10:00 Stretch & Tone with Ava, Aud 1:00 Bingo with Ava, VC 2:00 Afternoon Cookie Social with Ava, VC 3:45 Social Hour with Ava, VC 6:45 Saturday Night Movie, VC |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 10:00 Catholic Mass, <i>Aud</i> 11:30 Open Billiards: Resident Run, <i>BR</i> 12:30 Open Scrabble & Games, Resident Run, VC 1:00 Open Rummikub, VC 2:00 <u>Concert- Violinist & Cellist, Tudor</u> <u>Domescu & Ket Lee, AUD</u> 3:45 Wine Social with Elaine, VC | 10-2 Pedicures with Terry, please sign-up, Hair salon 10:00 Needle Neighbors, VC 11:00 Chair Yoga, Aud 12-1 Curiosity Shop 1:00 Mah Jong, AR 1:00 Cribbage, AR 3:00 Creative Time, Painting, Drawing and Coloring) AR 3:00 Musical Lecture- Frank King: Peter, Paul & Mary, AUD 6:30 Open Scrabble, VC | 9:30 Device Advice with Ava, sign-up please, AR. Ava will come to your apartment. 10:00 YMCA, Stretch & Tone, Aud 11:11:45 Ukulele, Association Office 11:00 Painting with Valerie, AUD 1:30 Bingo with Ava, VC 2:30 Tai Chi with Mynor Diaz, AUD 3:00 Movie, VC 6:30 Open Scrabble, VC 6:30 Spanish Conversation Group, 3 B Laundry Lounge | 9:45 Stretch & Tone YMCA, AUD 1:00 Choral Group Rehearsal, AUD 1:30 Lucky Dice with Ava, VC 2:00 Creative Time, AR (Painting, Drawing and Coloring) AR 2:30 Balance Strength Exercise class, Aud (30- minute class) 3:45 Social Hour with Ava, VC | 9:30 Stretch & Tone, YMCA Aud 10:00 Flowers & More- Dish Garden, please sign-up, AR 12:00 Trip- Groton Hill Community Music Center- Bach Lunch, please sign-up, CL 1:30 p.m. Concert 12 residents 11:00 Meditation with Kathleen, 2nd Floor Association Office 11:00 Blood Pressure Clinic, VC 12:30 Open Scrabble, VC 1:00 Chair Yoga, Kathleen, Aud 6:30 Open Scrabble, VC | 9:00 Stop & Shop, CL 10:00 YMCA, Strength Class with Michelle, <i>Aud</i> 1:30 Lucky Dice with Ava, VC 2:00 Creative Time, (Painting, Drawing and Coloring) AR 3:45 Social Hour with Ava, Signature Cocktail, VC | 9-10:00 Big Y & Dollar Tree, CL 10:00 Yoga with Kathleen, <i>Aud</i> 1:00 Bingo with Ava, <i>VC</i> 2:00 Afternoon Cookie Social with Ava, <i>VC</i> 3:45 Social Hour with Ava, <i>VC</i> 6:45 Saturday Night Movie, VC |
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| Sunday 19 10:00 Catholic Mass, <i>Aud</i> 11:30 Open Billiards: Resident Run, <i>BR</i> 12:30 Open Scrabble & Games, Resident Run, VC | Monday 20 10:00 Needle Neighbors, VC 11:00 Chair Yoga, Aud 12:1 Curriosity Shop 1:00 Mah Jong, AR | Tuesday 21 10:00 YMCA, Stretch & Tone, Aud 11:11:45 Ukulele, Association Office 1:30 Bingo with Ava, VC 2:30 Tai Chi with Mynor Diaz, AUD | Wednesday 22 9:45 Stretch & Tone YMCA, AUD 1:30 Lucky Dice with Ava, VC 2:00 Creative Time, AR (Painting, Drawing and Coloring) AR | Thursday 23 9:30 Stretch & Tone, YMCA, AUD 11:00 Meditation with Kathleen, 2nd Floor Association Office 11:00 Poetry Share with Trudy, AR | Friday 24 9:00 Stop & Shop, Cl 10:00 YMCA, Strength Class with Michelle, Aud 11:15 Spelling Bee with Ava & Carolyn, AUD | Saturday 25 9-10:00 Big Y & Dollar Tree, CL 10:00 Chair Yoga with Kathleen, AUD 11:30 Met Opera Live in Cinemas- Aida, Patriot Place Foxboro, starts at 12:30 p.m. deet in CL |
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| 1:00 Open Rummikub, AR 3:45 Wine Social with Elaine, VC | 1:00 Cribage, AR 3:00 Creative Time, Painting, Drawing and Coloring) AR 3:00 Lecture- Historian Laurie Kearney. The History of Slaves in Norfolk County, AUD 6:30 Open Scrabble, VC <u>Martin Luther King, JR Day</u> | 3:00 Movie, VC 6:30 Open Scrabble, VC 6:30 Spanish Conversation Group, 3 B Laundry Lounge | 2:30 Balance Strength Exercise class, Aud (30- minute class) 3:45 Social Hour with Ava, VC | 11:00 Blood Pressure Clinic, VC 11:30 Blood Pressure Clinic, VC 12:30 Open Scrabble, VC 1:00 Chair Yoga, Kathleen, Aud 6:30 Open Scrabble, VC | 1:30 Lucky Dice, VC 2:00 Creative Time (Painting, Drawing and Coloring) AR 4:30-5:30 Social Hour with Ava, VC | Leaving NPV at 11:30 a.m. S30. Please sign-up 1:00 Bingo with Ava, VC 2:00 Afternoon Cookie Social with Ava, VC. 3:45 Social Hour with Ava, VC 6:45 Saturday Night Movie, VC |
| 26 | 27 | 28 | 29 | 30 | 31 | |
| 10:00 Catholic Mass, <i>AUD</i> 11:30 Open Billiards: Resident Run, <i>BR</i> 12:30 Open Scrabble & Games, Resident Run, AR 3:45 Wine Social with Elaine, VC | 9:45 Book Club, AR 10:00 Needle Neighbors, VC 11:00 Chair Yoga, Aud 12:1 Curiosity Shop 1:00 Mah Jong, AR 3:00 Creative Time, Painting, Drawing and Coloring) AR 3:00 Newcomers Social, VC 6:30 Open Scrabble, VC | 9:30 Device Advice with Ava, sign-up please, AR. Ava will come to your apartment. 10:00 YMCA, Stretch & Tone, Aud <u>11:00 Painting with Val</u> , AR 11:11:35 Ukuele, Association Office 1:30 No <u>Afternoon Bingo with Ava, VC</u> 2:30 Tai Chi with Mynor Diaz, AUD 3:00 Movie, VC <u>4:00 Pizza Bingo with Ava & Carolyn, 520</u> <u>Please sign-up, AUD</u> 6:30 Open Scrabble, VC 6:30 Spanish Conversation Group, 3 B Laundry Lounge | 9:45 Stretch & Tone YMCA, AUD 1:00 <u>Choral Group Rehearsal</u> , AUD 1:30 Lucky Dice with Ava, VC 2:00 Creative Time, AR (Painting, Drawing and Coloring) AR 2:30 Balance Strength Exercise class, Aud (30- minute class) 3:45 Social Hour with Ava, VC | 9:30 Stretch & Tone, YMCA, AUD 11:00 Trip to Patriot Place- Olive Garden & Trader Joes, Hobby Lobby, CL 11:00 Mediation with Kathleen, 2 rd Floor Association Office 11:00 Blood Pressure Clinic, VC 12:30 Open Scrabble, VC 1:00 Chair Yoga, Kathleen, Aud 6:30 Open Scrabble, VC | 9:00 Stop & Shop, <i>CL</i> 10:00 YMCA, Strength Class with Michelle, <i>Aud</i> 1:30 Lucky Dice, VC 2:00 Creative Time (Painting, Drawing and Coloring) AR 4:30-5:30 Social Hour with Ava, VC | |
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| | If you are interested in Playing Hearts, Bridge, Mah Jong Billiards, Ping Pong or participating in the Book Club, please reach out to Carolyn Roycroft ext. 137 | If you need assistance with your electronic devices, please reach out to Ava or Carolyn ext.137 | | | | AUD- Auditorium VC- Village Club AR- Activities Room BR-Billiards Room CL-Crosbey Lobby CR-Colonial Room B-Bistro DR- Dining Room |